

ROUTE ACROSS CALIFORNIA FOR CROSS COUNTRY HIKE
(HIKANATION)

Glenn T. Seaborg

Day 1 - Golden Gate Park (Polo Field) to Embarcadero Pier [11 miles, 300 foot altitude gain]

Saturday, Start at Polo Field (Golden Gate Park). Proceed along bicycle path starting at southwest corner of the Polo Field to Kennedy Drive (toilets available here), left on Kennedy Drive to the Pacific Ocean (a distance of about 1/2 mile), along the beach 1/4 mile to the Cliff House, along Poin Lobos Avenue to El Camino Del Mar, left at El Camino Del Mar a few hundred yards to its end. Then proceed along old (abandoned) El Camino Del Mar (part of which is only a trail) to Land's End, up some stairs and on a trail passing by Harding Golf Course; then along El Camino Del Mar (on sidewalks) through Sea Cliff (residential area) about 1/2 mile, into the Presidio and immediately on a trail down to Baker Beach (toilets are available here). Proceed along Baker Beach about 1/4 mile, climb up the sand dunes to Lincoln Blvd., follow a path along Lincoln Blvd., pass through the entrance area of Golden Gate Bridge on down to Fort Point. Continue along the Fort Point Access Rd., then about 2 miles along the Golden Gate Promenade to the St. Francis Yacht Harbor. Go around to the right, proceeding along Marina Blvd. to Fort Mason (about 8 miles from the starting point), which has building where toilets and water should be available. Continue through Fort Mason to the extension of Van Ness Avenue, then along Beach Avenue and other parallel streets past Ghiardelli Square and through Fisherman's Wharf. Go along The Embarcadero past the many ship piers to the Ferry Building park area (about 3 miles from Fort Mason). Continue on to the parking lot adjoining the Fremont St. on-ramp.

Day 2 - To Tilden Park [16 miles, 1000 foot altitude gain]

Sunday, Use the Fremont St. on-ramp for entrance to the top level of April 13 the Bay Bridge, cross the Bay Bridge, go off the Bay Bridge at the level causeway and make a sharp left and double back toward San Francisco. Go 300 ft. to Frontage Rd and take Frontage Rd. underneath the Bay Bridge structure. Turn left and head toward Oakland. Follow Frontage Rd. to the right of the freeway past old Key System yellow steel warehouse. Exit from Frontage Rd. through Gate 16 and onto Burma Rd. Go two blocks on Burma to A St. At this point those people not wishing to continue to Tilden Park will be taken by AC Shuttle busses to the Oakland West BART terminal. Continuing hikers turn left and proceed under West Grand Avenue viaduct on A St. Turn right and go one block to wooden railroad trestle which soars above Southern Pacific railroad yards. Drop down to Beach St. in Emeryville and follow it to Halleck St. Turn right on Halleck and go to Park St. Turn right and go three blocks to Hollis St. Turn left on Hollis and continue through Emeryville to 65th St. Turn left one block to Bay St. Turn right on Bay and go over Ashby Avenue and into Aquatic Park, past the Bird Rescue Center, along the east edge of the water on a trail to a picnic area [with drinking fountains and toilet] opposite Dwight Way. This is about 9 miles from the entrance to the Bay Bridge and a good place to have lunch. Continue east on Dwight Way to Prospect St., then on to the upper rim of Memorial Stadium (a distance of about 3 miles). Alternatively

Day 2
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go east about 5 blocks and walk the last 1/2 mile through the University of California campus. Then proceed past Haas-Clubhouse, and continue on the University of California Trail (a broad fire road) that goes close to the Space Sciences Laboratory, then go along Grizzly Peak Blvd. a short distance, enter Tilden Park (East Bay Regional Park District, EBRPD) on Grizzly Peak Trail (which takes off to the left as you look toward Tilden Park along Golf Gate Road), proceed on this to its end, then on the trail down to Lake Anza and along the lakeshore to the left (west) to the beach and picnic area. This is a distance of about a mile from the Golf Gate entrance. Hence from the Aquatic Park, along Dwight Way (or through the University of California campus), the U.C. Trail and on to Lake Anza must be about 7 miles. At Lake Anza there are a drinking fountain, a snack bar, toilets, a pay phone and Tilden Park Office. The total distance from the entrance to the Bay Bridge is about 16 miles. (Another alternative route is to leave the University of California Trail after about 2 miles, go right and then left on fire roads through University of California Open Space, enter Tilden Park at South Gate, follow the Vollmer Peak Trail and cross trails to Lake Anza.)

Day 3 -
Monday,
April 14

To Briones Park [12 miles, 1,500 foot altitude gain]
Hike up to Inspiration Point, then proceed on East Bay Municipal Utility District (EBMUD) land (permit required), on Inspiration Trail, down and across San Pablo Dam Road. Turn right on the Old San Pablo Dam Road and hike on this until you reach the Oursan Trail. Hike along the Oursan Trail, cross the bridge over San Pablo Creek, then along the other side of San Pablo Creek back (toward the left) on Oursan Trail, onto the junction with the Oursan-Bear Creek Trail. Here take the trail to the right (the Oursan-Bear Creek Trail), go along the spillway, continue on the Oursan-Bear Creek Trail along the right side of Briones Reservoir. Have lunch at a point with a view of Mt. Diablo across Briones Reservoir and of Inspiration Point in the opposite direction. Continue on Oursan-Bear Creek Trail to its end, leave EBMUD land, go on to Bear Creek Road and hike on this to the entrance of Briones Park (EBRPD), enter the Park and proceed to the nearby picnic area drinking fountain and toilets.

Day 4 -
Tuesday,
April 15

To Walnut Creek Open Space [14 miles, 1,000 foot altitude gain]
Proceed on the Homestead Valley Trail and Russell Peak Trail to Lafayette Ridge, then the Lafayette Ridge Trail. At the east end of Lafayette Ridge (end of EBRPD land), hike across private property (formerly Kip Brown property, soon to have a public trail across it) to the Ken Brown part of Briones (EBRPD), then on down to the corner of Pleasant Hill and Springhill Roads. Proceed north along Pleasant Hill Road to the Walnut Creek Acalanes Ridge Open Space, across Acalanes Ridge, then along Mokelumme Aqueduct to Larkey Park drinking fountains and toilets. Continue along the Contra Costa Canal, going through the Highway 680-24 underpass, crossing Walnut Creek, to Heather Farms Park [a good place for lunch; drinking fountains, snack bar, pay phone and toilets]. Continue generally along Ygnacio Canal (crossing Ygnacio Valley Rd), climb a ridge, cross La Casa Via Street, then proceed

- Day 4
(cont.) up Corvey Court past a housing development, then climb a hill to enter the toe of Shell Ridge. Cross some fields, pass through some fences, then enter Walnut Creek Shell Ridge Open Space. Proceed on the Hiking and Riding Trail to the far end of the Shell Ridge Open Space; then left down to Ranger Ron White's ranch.
- Day 5 - To the top of Mount Diablo [10 miles, 2,500 foot altitude gain]
Wednesday, April 16 Continue across Diablo Foothills Regional Park (EBRPD), on the Hiking and Riding Trail, then continue on the Wall Ridge Fire Trail to Rock City in Mount Diablo State Park. Take the Summit Trail to Pioneer Camp (elevation about 2,800 feet, has water spigots) then on to the top (summit) of Mt. Diablo (elevation 3,850 feet). [Drinking fountain, toilets, snack bar, pay phone, here.]
- Day 6 - To Black Diamond Park [12 miles, 1,000 foot altitude gain]
Thursday, April 17 Hike down to Prospector's Gap on Devil's Elbow Trail, then on down to Big Spring. Continue on to the Middle Trail, then to the right on the Middle Trail, then Donner Trail to the Mt. Diablo Park Donner Canyon entrance (point of exit from Mount Diablo State Park), then continue on a trail easement and sidewalks to downtown Clayton [a good place for lunch in the central city park]. Hike three miles on Black Diamond Way, enter Black Diamond Park (EBRPD) on Cumberland Trail, continue on Black Diamond Trail (a road), which, near the end, joins with the Nortonville Trail, past the Somersville (Rose Hill) Cemetery (could cut across to this) to the campground at old Somersville [water and toilets]. Continue on the Stewartville Trail, past (near the beginning) the archeological dig in Somersville. Continue on Stewartville Trail (a road), Miner's Trail (a narrow path, not well maintained) and again on Stewartville Trail to the intersection with Oil Canyon Trail to the overnight camp [with water and toilets scheduled to be installed before April].
- Day 7 Rest at Black Diamond Park.
Friday April 18
- Day 8 - To Brannan Island State Recreation Area [16 miles, 300 foot altitude gain]
Saturday April 19 Continue on Oil Canyon Trail (a road, previously paved), leaving Black Diamond Park, on to the entrance (presumably) of Contra Loma Park (EBRPD). Hike along the road to the official entrance (with its flag and kiosk) of Contra Loma Park, then along the Bike Path to the right around the Lake to the Contra Costa Canal (leaving Contra Loma Park), then along this to Lone Tree Way. The distance from the Stewartville-Oil Canyon campground is about 3 miles. Continue through Antioch along Sunset Lane to Tregallas Road, then right along Tregallas Road to

Day 8
(cont.)

Hillcrest Ave., then left along Hillcrest Ave. to Wilbur Avenue, then along Wilbur Avenue to the Antioch (Nejedly) Bridge (about 5 miles).

Next walk up the steps, then walk across the Antioch Bridge (about a mile and a half). Continue along Highway 160 to Brannan Island State Recreation Area (about 6 miles), then in about a mile to the Group Camp Area 4 and 5 [water, toilets, river swimming].

Day 9 -
Sunday,
April 20

To Ko-Ket Resort [15 miles, level]

From Brannan Island go out through a gate and proceed east on Twitchell Island Road, then across the Sevenmile Slough and right on Brannan Island Road. Then left (north) on Jackson Slough Road and Terminous Road to Isleton, then right on Highway 160 and Isleton Road to Ko-Ket Resort (or neighboring Meader's Beach).

Day 10 -
Monday,
April 21

To Clarksburg Park [16 miles, level]

Continue on Isleton Road to Walnut Grove, then on River Road through nearby Locke (an interesting historic Chinese town) and on to the bridge across the Sacramento River (just below Courtland) and on along South River Road to Clarksburg Fishing Access [a public park without water] or Merritt's Landing (just across South River Road, includes a Snack Bar).

Day 11 -
Tuesday,
April 22

To Discovery Park, Sacramento [16 miles, level]

Proceed north on South River Road, passing Clarksburg at 2.5 miles, then further north about 4 miles and cross the bridge to Highway 160 (at Freeport). From Freeport continue north along an abandoned railroad track, passing Florin Avenue after another 3-1/4 miles, Land Park [with its city zoo, water, toilets, etc.] at another 3-1/2 miles. Continue along the railroad tracks going on an overpass over Highway 5, along an old paved road to the left of the railroad tracks for a while, then along the railroad tracks, then at Miller Park go right on Front Street, under Highway 80 past Old Sacramento (1/2 mile from our destination), under Highway 16 (Eye Street Bridge), or up the steps and across Highway 16 at the complicated highway interchange area, then on to Jibboom Street and across Jibboom Street, along a levee road through Tisconia Park (a narrow strip on the south side of the Sacramento River at its confluence with the American River). [Toilets available, no water, and neighboring motels.] Walk on Jibboom Street bridge over the American River into Discovery Park [drinking fountains, toilets, barbeque available, overnight camping requires permission].

Day 12 -
Wednesday,
April 23

To C. M. Goethe Park, Sacramento [14 miles, level]

Hike on the Jedediah Smith National Recreation Trail, a 9-foot wide paved bike trail paralleled about 90% of the way by a dirt hiking and horseback riding trail. The dirt trail has some up and down (never more than 5 or 10 feet) and offers many alternatives. The trail heads generally

Day 12
(cont.)

east, first along the right side of the Natomas East Main Drainage Canal, then across to the left side of the American River, which it joins at California Exposition Park. Proceed to the left of the narrow Campus Commons Golf Course (of Sacramento State University). [This is 7 miles from the start, and it has a drinking fountain and one toilet.] Proceed along the left side of the American River. A footbridge crosses to Sacramento State University at about 8 miles from the starting point and by crossing the Footbridge this could be a stopping place (at Sacramento State) especially in inclement weather. Continue on the left side under Howe Street, at about 8-1/2 miles, where there are toilets. Continue to the Jedediah Smith picnic area, a little more than 9 miles from the start. [There is a drinking fountain here, no toilets.] Continue on to Watt Avenue, which is ten miles from the start.

Cross the bridge at Watt Avenue to the south (right) side of the American River, then proceed on a trail on the right side about 2 miles to Grist Mill Dam Recreation Area. Continue on Mira Del Rio Drive, Escobar Way, Allegheny Drive, Bradshaw Road, Folsom Rd., and Rod Beaudry Dr. to the C. M. Goethe Park [green grass, water, toilets, car access.]

Day 13 -

To Negro Bar Park, Folsom [15 miles, 700 foot altitude gain]

Thursday,
April 24

Proceed up the right side of the American River about 2 miles, to Cordova Community Park [green grass, water, toilets, road access]. About four miles further (a total of 6 miles from C. M. Goethe Park) are two green grass areas [with water, toilets, access road] in Lower Sunset Recreation Area that are less than a mile apart. About a mile further is Sunset Boulevard. [The area below the bridge here has water and toilets.] Pass under Sunset Boulevard, continue about 3 miles (total of about 10 miles from C. M. Goethe Park) to the eastern terminus of the Jedediah Smith National Recreation Trail just short of the Folsom Lake Recreation Area. Just before this there are the Anadromous Fish Hatchery and the Nimbus Fish Hatchery which should have water and inside toilets, and have road access. At the eastern terminus of the Jedediah Smith National Recreation Trail (at Hazel Avenue), go left along Hazel Ave. across the American River. (Do not cross Hazel Avenue.) Then go down to the left and under Hazel Avenue, then up a trail to the Overlook. Here cross a paved parking lot, go through an entrance labelled Riding and Hiking Trail and start on this trail heading east and north. The trail becomes a gravelled road down near the edge of Lake Natoma. Continue on this about 3/4 of a mile. The best route is to head up the hill to the left on a trail. Continue on this trail, staying to the right (on a couple of occasions when a trail branches off to the left). The trail goes through woods, comes out at Main Avenue. Cross Main Avenue and continue east to the left

Day 13
(cont.)

of Main Avenue, across Sunset Avenue, further (about 1/4 mile) along Main Avenue (still to the left), cross Main Avenue at a bend and go up a bluff, pass Rolling Wood Bluff (a housing development) on the left, continue on the road with a chain link fence on the right (protection from the steep bluff above Lake Natoma), go on the trail down from the bluff, continue on through Negro Bar Park, which has a number of picnic areas with water and toilets. (Can follow a Nature Trail part of the way. See entrance kiosk to the park on the left). Near the end (bridge over Lake Natoma at Greenback Lane or Riley Street) there is an excellent picnic or camping area in Negro Bar Park [with drinking fountains, plumbed toilets, showers, and swimming beach].

The distance from Nimbus Dam Overlook is about 5 miles, no net elevation gain (trail parallels Lake Natoma) but there is about 700 feet of elevation gain and loss.

The alternate route, which is lower and nearer Lake Natoma, follows a gravel road which becomes a rocky road (follow under the electric wires) that ends at Mississippi Bar. The trail up from here to join the other trail goes over many piles of rocks (from Placer mining days) is difficult to follow, would require an expert guide.

Day 14 -
Friday,
April 25

Rest at Negro Bar Park.

Day 15 -
Saturday,
April 26

To Rescue [13 miles, 1,200 foot altitude gain]
From Negro Bar Park cross the bridge over Lake Natoma (Greenback Lane or Riley Street), continue through Folsom on Riley Street to Natoma Street, continue on Natoma Street which soon becomes Green Valley Road, continue on Green Valley Road. At a distance of about 10 miles from Negro Bar Park camp ground there is Pleasant Grove House (a Pony Express Station in the town of Rescue). Continue on Green Valley Road another 3 miles to the Rescue Fire Station, next to the Post Office and across Green Valley Road from a country store. Next to the Fire Station is a picnic area, suitable for an overnight stop.

Day 16 -
Sunday,
April 27

To City Park, Placerville [10 miles, 1500 foot altitude gain]
Follow Green Valley Road to Placerville (elevation 1,860 feet). Green Valley Road runs into Placerville Drive. Go east on Placerville Drive, then go on Pierroz Road, Cold Springs Road, Middletown Road, Canal Street (across Highway 50), Main Street, Sacramento Street (Highway 49), Pacific Street, Benham Street to City Park. [Water available, rest rooms in Park Administration Building or Swimming Pool Building, barbecue facilities.]

Day 17 -
Monday,
April 28

To Mt. Danaher Ranger Station (California Dept. of Forestry), Camino [10 miles, 1,800 foot altitude gain]
Follow Main Street to Broadway, then Broadway to Carson Road, go over Highway 50, and then follow Carson Road.

Day 17
(cont.)

Proceed on Carson Road past El Dorado National Forest Work Center (Placerville address on Carson Road) and Boa-Vista Picnic Area to the point where Carson Road is interrupted so automobile traffic must go a short distance on Highway 50. However, a hiker can follow the paved road by the Forest Ranger Station, on past the Camino Seventh Day Adventist Church to the continuation of Carson Road in Camino. This runs into Pony Express Trail Road. Continue beyond Camino on this to Mt. Danaher Ranger Station (10 miles from City Park in Placerville), go left into Mt. Danaher Ranger Station, (elevation about 3,400 feet) California Department of Forestry.

Day 18 -

To Pacific House (on Highway 50) [10 miles, 600 foot elevation gain, then 400 foot elevation loss]

Tuesday,
April 29

Continue on Pony Express Trail Road about 5 miles to east end of Pollock Pines (elevation 3,980 feet), go under Highway 50. Proceed about 1-1/2 miles along Sly Park Road, take Park Creek Road (to the left) about 1/2 mile (to within 100 yards from the end of the paved portion), take a dirt road to the left about a mile (which comes out on a paved frontage road nearly opposite Forest Road), proceed about 1/4 miles to Fresh Ponds (about 3 miles from east end of Pollack Pines). Proceed past the Pacific Ranger Station at Fresh Pond, past the (closed) Fresh Pond restaurant, then along and inside of fence on south side of Highway 50 100 yards down to a creek, cross creek and proceed along paved Frontage Road 2/3 mile to second turnoff to the left to cross Highway 50 directly opposite Peavine Ridge Road. Proceed on left (north) side of Highway 50 on Peavine Ridge Road 1/4 mile to Pacific House.

Day 19 -
Wednesday
April 30

To Kyburz [16 miles, 1,500 foot altitude gain]

Continue down Peavine Ridge Road, cross South Fork of American River, proceed on Brockliss Toll Road, White Meadows Road, and Ice House Road to Riverton (elevation 3,231 feet, Pony Express Station, nothing here now, total distance 5 miles). Start east up the old dim road on the left (north) side of Highway 50 at the junction with Ice House Road. The beginning is a dirt trail, 8 feet wide, soon with small pine and cedar trees growing in the middle between the wheel ruts. After about 1/2 mile it becomes a 10-12 foot wide asphalt road for a little more than a half mile. Then it becomes a dirt trail again (branching to the right) continue on this (avoiding a branch to the left after a few hundred yards). The trail soon becomes overgrown with trees, then a narrow trail paralleling close to Ice House Road (which goes down to the right to cross a stream). This trail then climbs a hill, passes to the right of Cleveland Corral (an old water trough still there), then after a couple hundred yards goes past on the right (or through) the El Dorado National Forest Recreation-Information Center [drinking fountain, toilets, day picnic area]. The trail beyond this becomes difficult to follow but is marked by numerous numbered wooden stakes (perhaps private property). At one point the trail goes up to, and follows Ice House

Day 19
(cont.)

Road about 50 yards before going down again. This rough trail crosses a stream (difficult but possible to cross) then after 1/4 mile comes out on Webber Mill Road (at the end the trail becomes a road and is marked private property). The distance on this Pony Express Trail from Riverton to Webber Mill Road is about 2.5 miles.

Continue on Webber Mill Road 7.0 miles to Highway 50 (avoid 2 very rough roads to the right within a couple of miles from the start of Webber Mill Road). Continue on the north (left) side of Highway 50 on an old trail-road to a point opposite Wildwood Way (at Silverfork), cross Highway 50, proceed on Wildwood Way across the South Fork of the American River (on a bridge), turn left at Collins' home, proceed on logging road through Bodwell property, proceed on Redwood Rd., go left on Silver Fork Rd. across the South Fork of the American River to Kyburz [altitude 4,082 feet, Pony Express Stop, restaurant, garage, gasoline station, store, Post Office, motel].

Day 20 -
Thursday,
May 1

To Strawberry Lodge [10 miles, 2,000 foot altitude gain]
Take Kyburz Drive to the left (across from the Kyburz Motel), proceed on this on the north side of Highway 50 to about 100 yards before its end (it ends on Highway 50), then cut across to the left about 100 yards to Kyburz Dump Road, proceed on this about 200 feet to the Pony Express Trail (north of Highway 50) and continue about 4.5 miles (an electric cable, often at the surface of the ground, helps one follow the trail at several places) to Wright's Lake Road, passing Fred's Place (no visible evidence remains), coming out on Wright's Lake Road about 0.5 miles above Highway 50. Go down Wright's Lake Road about 200 yards, then proceed east on an old road to the left; continue as the road rapidly becomes a trail, then come down to Highway 50 after about 2 miles in order to cross a ravine, then at nearly highway marker 55⁸⁹ (about 1/4 miles beyond, i.e. east of, Pyramid Camp Ground), take Pony Express Trail just north of Highway 50. The first 100 yards is swamp area, then there is 1/3 mile of broken asphalt, followed by dirt, then asphalt road. Proceed by a new house, close to Highway 50 (marker 56³⁴) then go about 150 feet, cross a creek. Continue on a trail, go down to Highway 50 (marker 56⁵³) then almost immediately go back up the hill on a trail (avoid going back extreme left on a trail along a pipeline to 2 water tanks).

The trail continues through manzanita brush, becomes a road to be traversed for about 150 yards. About 50 yards from the end of the road go up (left) on a trail through manzanita brush (freshly cut to make the trail). Follow the yellow ribbon markers carefully. Enter an area of pine and cedar trees. Trail merges into a remnant of an old road. Follow road back toward right about 50 yards then go left on trail (yellow markers help). Trail goes down near Highway 50. Continue on trail to Strawberry Lodge (elevation 5,800 feet). [Pony Express Station, lodge, store, garage.] This portion, from marker 55⁸⁹, is about 2-1/2 miles.

Day 21 - Rest at Strawberry Lodge.
Friday,
May 2

Day 22 - To Echo Summit (Little Norway) [8 miles, 1,800 foot
altitude gain]

Saturday,
May 3

Proceed south of Highway 50 and the river. After crossing to the south of the river on a bridge a few hundred yards east of Strawberry Lodge, hike on the Pony Express Trail about (old Highway 50) 1 mile, cross the South Fork of the American River at Slippery Ford (this is a crossing that may be difficult in May) with the remnants of the old stone house to the left. Veer to the right up past a house to a private road, follow the private road to Highway 50, then follow Highway 50 (there is a path outside the railing on the right side) a short distance (0.5 mile) to Camp Sacramento. Alternatively, proceed from Strawberry Lodge 2 miles along Highway 50 to Camp Sacramento. Continue 7 miles along Highway 50 just short of Echo Summit (elevation 7,382 feet). Stop overnight at Little Norway Resort (lodge, post office, store, elevation 7,300 feet), about 1 mile before Echo Summit.

If there is not too much snow it is possible to largely avoid Highway 50 by going from Strawberry Lodge to Pow Wow, just 2 miles short of Little Norway, as follows. Proceed on the Pony Express Trail to the bend in the trail just above Slippery Ford. About 200 feet beyond the bend climb up the hill to the Camp Sacramento-Lover's Leap Trail (probably need a guide for this portion). Then go left (east) on this Trail to Camp Sacramento (might go down a ski slope just before Camp Sacramento to avoid deeper snow in Camp Sacramento, which is shielded from the sun). Total distance to Camp Sacramento about 2 miles. An alternate route to Camp Sacramento is to go up Strawberry Canyon, then take the trail up to the top of Lover's Leap and continue on the Camp Sacramento-Lover's Leap Trail (adding 2 miles and an extra 1000 foot climb). If there is not too much snow, stay on the right (south) side of the South Fork of the American River by walking along a road about 1/4 mile, then cross Sayles Canyon Creek (could be difficult in May) to Sayles Canyon Tract. Alternatively, cross the River on the bridge at Camp Sacramento, proceed along Highway 50, then cross back over the river on a bridge to reach Sayles Canyon Tract. Continue on a road (old Pony Express Trail) about 1/4 mile, then a trail about 1/4 mile, a logging road about 1/2 mile to Bryan Creek Tract, then about 1/2 mile on a road through Bryan Creek Tract, about 1/4 mile on a trail across old Sierra Sky Ranch (abandoned in 1968), past an old wooden platform that used to contain a snow avalanche gun, then about 1 mile on a road through Aspen Creek Tract, about 1/4 mile on a trail, about 1/2 mile on a road through the old Phillips ski area and Alder Creek Tract, then cross bridge over the South Fork of the American River, and proceed about 100 yards along Highway 50 to Pow

Day 22
(cont.) Wow (a total of about 4 miles from Camp Sacramento to Pow Wow). From here continue about 2 miles along Highway 50 giving a total of about 8-10 miles from Strawberry Lodge to Little Norway.

An alternate route from Pow Wow to Little Norway, staying off Highway 50, is to go through the Audrian Subdivision, south of Highway 50, then proceed along the south side of Derringer (Audrian) Meadow Flats, go past the Meadow 1/4 mile, then go 90 degrees left on the microwave and radio repeater station service road and proceed to the road's end (crossing Audrian Lake Creek en route) to a point opposite Little Norway resort.

Day 23 -
To Sorensen's Resort (or Kit Carson or Snow Shoe Springs or Crystal Springs Campground [12 miles, 1,500 foot altitude gain])

Sunday,
May 4 Starting at Little Norway, proceed about 100 yards east, then go south and mainly east on the Pacific Crest Trail (to the right of and near Highway 50, i.e., south of Highway 50) about 1 mile (or, alternatively, take the Pacific Crest Trail north of Highway 50 about 100 yards, then head east on the Hawley Grade trail and road, marked with blue, metallic diamonds on trees), then proceed down Hawley's Grade (starts on Marker 6701 off to the right of Highway 50 a hundred yards past the horse shoe bend) about 1-1/2 miles to South Upper Truckee Road (elevation 6,400 feet), then along this to Highway 89. Cross Highway 89 and proceed on an old road to left (north) of Highway 89 until it returns to Highway 89 at Grass Lake Creek. Proceed along Highway 89 or a dim trail to the right (south) of Highway 89, past Grass Lake to Luther Pass (elevation 7,740 feet) into Alpine County, then along Highway 89 (or the old road to the right of Highway 89) to Pickett's Junction, the junction with Highway 88 (in Toiyabe National Forest, a Forest Service Campground here, not available to the public), then left on Highway 88-89 about 1/2 mile to Sorensen's Resort (elevation 7000 feet, store, hot showers) or another mile to Snowshoe Springs Campground (toilets and water available). Alternatively, starting near the junction of South Upper Truckee Road and Highway 89, it might be possible to hike on a trail to Big Meadow, then on to Scott's Lake (passing on the right hand i.e., south side, of Waterhouse Peak), then on a jeep road to Highway 88, then left (generally east) on Highway 88 to Sorensen's Resort.

Day 24 -
To Ace Hereford's Ranch [8-1/2 miles, 1,500 foot altitude loss]

Monday,
May 5 From Sorensen's resort, cross Highway 88-89 and proceed on the small road at the left side of Highway 88-89. When the road returns to Highway 88-89 jog right across the bridge and into the parking lot of Hope Valley Store. Continue on to the old road to the right to Snowshoe Springs Campground (about 1 mile from Sorensen's, has water and toilets), then go along Highway 88-89 for 1-3/4

Day 24 -
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miles (view of snow-covered Pine Nut Mountains ahead), then go on road to left of Highway for 100 yards, cross the Highway, go on road on right through residential area, cross Highway and go on road to left which becomes a frontage road into Woodfords (about 5 miles from Sorensen's). Proceed on Highway 88 about 1/4 mile to Carson River Road (at the right), go on Carson River Road past entrance to Ace Hereford Ranch nearly to Highway 88, jog right about 100 yards on a paved road, then left on a dirt road (West Fork of Carson River is on the right) to a gate on the right made of green iron bars, enter through the gate about 1/4 mile to the bank of the West Fork of the Carson River to a grove of Jeffrey Pines and Cottonwoods, which is the campground (about 3-1/2 miles from Woodfords, 8-1/2 miles from Sorensen's fire pit, wood, water from river available.).

Day 25
Tuesday,
May 6

To Holbrook Junction [12 miles, level]
Continue north on the dirt road about 1/2 mile, then, where road turns to the left, continue straight ahead on Dressler Path, enter Nevada (about 2 miles from campground at Ace Hereford Ranch), after another mile turn right on paved Dressler Lane, continue to Dressler Ranch, continue to bridge across West Fork of the Carson River, continue on dirt road a few hundred yards, go on dirt road to the left for about a mile, then continue on right branch of a fork in the road, then on this dirt road (avoiding side roads to the left or right) to a gate made of green iron bars. Go through this gate down a rough dirt road, past a yellow house on the left, through the Washoe Reservation Campground, finally cross the East Fork of the Carson River on a bridge, and up the road to the left about a 100 yards to Highway 395 (about 7 miles from the campground at Ace Hereford Ranch). Proceed south on Highway 395 to campground at Holbrook Junction (about 5 miles beyond Washoe Reservation Campground and about 12 miles from campground at Ace Hereford Ranch).

SUMMARY

A total of about 265 miles in 21 hiking days (3 days of rest) for an average of 12.5 miles per day. A total of about 20,000 feet of altitude gain for an average of about 1,000 feet climb per day and about 750 feet downhill per day. Of the 265 miles about 115 miles (43%) are on trails (including an abandoned railroad track and very rough, nearly unused back roads in the Sierras), about 90 miles on roads or highways, about 30 miles on levee or back roads, and about 30 miles on city streets.